



discovering a cultural landscape characterised by salt

Hiking in the Salzkammergut - Circular hiking trail

- ✓ WITH LUGGAGE TRANSFER
- ✓ OVERNIGHT STAYS IN ***HOTELS/INNS
- ✓ DAILY ARRIVAL POSSIBLE



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"How my soul shouts and sings in itself! Hardly I hide
it so happy I am!"

Joseph von Eichendorff



The picturesque Salzkammergut impresses with crystal clear lakes, deep forests and massive mountains in the northern limestone Alps. Thanks to its white gold, salt, one of the oldest cultural landscapes in the world has developed here for millennia. In the 19th century, aristocrats and in the wake of the imperial family, who made Bad Ischl their summer residence, also artists and intellectuals discovered the region as a place of peace and relaxation. The attraction of the magically beautiful nature helps to pause and recharge your batteries as well as to climb the mountains.

Highlights

- + **OVERNIGHT IN THE 'WORLD HERITAGE SITE' HALLSTATT**
- + **SELECTED HIKES ON THE SHORES OF BEAUTIFUL LAKES IN FRONT OF A UNIQUE MOUNTAIN SCENERY**
- + **HIKINGS IN ALPINE-PASTURE-AREAS WITH SCENIC SNACK STATIONS**
- + **BOAT TRIP ON LAKE WOLFGANG AND LAKE HALLSTATT**
- + **IMMERSE YOURSELF IN CULTURE AND CUSTOMS ON A VARIETY OF THEMED TRAILS**

The course of your hiking tour:

Day 1: Individual arrival in the brine spa Bad Ischl

Ischl became a holiday home of European standing from the middle of the 19th century when Emperor Franz Joseph began to spend his holidays in his Ischl summer residence. Bad Ischl – a health resort since 1906 – is located in the heart of the Salzkammergut and offers itself as a starting point for this extraordinarily varied hiking trip. Leisure and relaxation can be found, for example, in the spa park, the spacious thermal bath or by a visit to the famous Café Zauner. At the hotel you will receive your detailed travel documents. (1 night)



Day 2: Across the idyllically situated Schwarzensee

With the Elisabeth Forest Trail, which was already laid out in 1899 and is named after Empress Elisabeth (Sisi), you start your hiking tour from Bad Ischl. Continue via Pfandl, where salt was already boiled in the 12th century. From Rußbach you ascent to the quiet heights of the Schwarzensee. Now the hike continues past wet meadows. You'll reach the Attersee in Burgau. Following the lakeside path you'll arrive in Weißenbach or Steinbach. (1 night)

Hiking: approx. 7-8 hours (24 km, ascent 584 m in height, descent 584 m in height)

Day 3: Experience the forces of nature and contemplation between the lakes

The hiking bus takes you to the entrance of the wildromantic gorge 'Burggraben'. It is considered an impressive natural jewel in the Salzkammergut and ends immediately before the thunderously falling masses of water. Over the alpine pasture 'Eisenau', at the same time the highest point of today's hiking day, a path winds along the heights of the Mondsee with various wayside crosses, which encourage you to pause. From Scharfling you walk past the Krottensee down to St. Gilgen at Lake Wolfgang. Along the lake promenade you reach the little town Abersee (alternatively you also have the possibility to travel from St. Gilgen to Abersee by bus; 1 night in Abersee or St. Gilgen)

Hiking: approx. 7-8 hours (23 km, ascent 700 m in height, descent 650 m in height)



Day 4: Variations around Lake Wolfgang

Today it could be nice to take the ferry to St. Wolfgang. From there, the steepest steam rack railway in Austria takes you in 35 minutes to the 1,782-meter-high Schafberg. There is a scenic hike on the Schafberg plateau with views over seven lakes of the Salzkammergut. Back in St. Wolfgang follow the lakeside path to Berau. A wonderful panoramic path, which runs directly along the water and leads you around the Bürglstein. Via Strobl it goes to the overnight stay to Weißenbach. (1 night)

Hiking: approx. 2-3 hours (7,5 km, ascent 164 m in height / descent 141 m in height)

Alternatively, a circular hike to the Postalm is recommended. This largest alpine plateau in Austria extends in the south of Lake Wolfgang at an altitude between 1000 and 2000 meters and is known as an extraordinary beautiful hiking area.

Hiking: approx. 10 hours (24,5 km, ascent 1'243 m in height / descent 1'216 m in height)

Day 5: Crossing on the Bear Trail

A walkable connection from Weißenbach to Bad Goisern, the so-called bear trail, leads into a rather primeval landscape formed by the water. Gorges, deep ponds and gurgling, splashing streams characterize the path. Past the cabin 'Kammersbach' you climb up to the Bärenpfadsattel. Halfway down, you may be interested in the 'Chorinsky Klause', an industrial monument built at the beginning of the 19th century for the wood drift. Following the Goiserer Weißenbach you reach Bad Goisern. (1 night)

Hiking: approx. 8 hours (21 km, ascent 895 m in height / descent 977 m in height)



Day 6: Hallstatt and its lake

On your way to Lake Hallstatt you cross the river Traun several times. It is the lifeline of the Salzkammergut and rises in the Totes Gebirge in Styria. The next section on the eastern shore of Lake Hallstatt is unobstructed, the view of the Dachstein mountains is fantastic and the route is spectacular. Hanging bridges give the impression of walking above the water. We continue on to Obertraun and spend the night in Hallstatt. The almost perfect ensemble of narrow streets, historical houses, lake panorama and the cultural heritage from the Hallstatt era make this place world-famous.

If you want to make a shortcut, you can take the ferry from Hallstatt station to Hallstatt market and save yourself about eight kilometers on foot (ferry payable locally).

(1 night)

Hiking: approx. 5 hours (19 km, ascent 127 m in height / descent 102 m in height)

Day 7: Through the wilderness of the valley of the Koppentraun

Return to Obertraun, where the Koppentraun flows into Lake Hallstatt. This is also where the hike through the gorge-like, wildly romantic valley of the mountain river begins. A number of well-signposted adventure stations, where interesting facts about natural features, prehistoric traces or the bold railway line from the 19th century can be experienced, can be inspected. Special attractions are the water-bearing Koppenbrüller stalactite cave, an old railway tunnel, the huge avalanche channels descending from the Hohe Sarstein (1,975 m) and the suspension bridge over the wild Koppentraun. In Sarstein, the gorge opens up again and Bad Aussee comes into sight. (1 night)

Hiking: approx. 5-6 hours (17 km, ascent 414 m in height / descent 277 m in height)



Day 8: On historical paths around the Sarstein

Beginning in Bad Aussee in Styria you hike on the old salt path. Here is the last place in Austria, where salt is still mined as rock salt. Worth seeing is the Alpine Garden, where about 2000 species of alpine plants as well as plant rarities from all over the world thrive. In specially built themed gardens, medicinal plants, aromatic herbs and much more are presented.

The lookout tower of the Pflindsberg ruins from 1250 AD offers a fantastic view. The theme trail now merges into the so-called Römerweg; thus, the beginnings of the settlement Michelhallberg, which you cross, are already documented from Roman times. Once you have arrived in Bad Goisern, you have also reached the province of Upper Austria again. Back to the starting point of your trip you will take public transport to Bad Ischl (costs to be paid extra on site). Your luggage is ready for pick up at Salzkammergut Touristik. If you have booked an extended stay, your luggage will be brought directly to the hotel.

Hiking: approx. 6-7 hours (19 km, ascent 500 m in height / descent 660 m in height)



© STMG

GENERAL INFORMATIONEN



The walks have no technical difficulties and are also suitable for beginners. Your hiking equipment should include: sturdy shoes, backpack, sun and rain protection, functional clothing.

Arrangement

- 7x** overnight stay in ***hotel/inn with breakfast
4* hotel in the imperial city of Bad Ischl
- 1x** welcome video with explanations and information you need for this tour
- 1x** wandering spirit to welcome you
- 1x** souvenir of the Salzkammergut
- 1x** hiking map – Salzkammergut and other information material (1x per room)
- 1x** hiking bus to gorge 'Burggraben'
- 1x** boat trip on Lake Wolfgang (crossing to St. Wolfgang)
- 1x** Daily luggage transfer – max. 2 pcs./person and max. 25 kg/case
- 1x** Daily service hotline from 8.00 am to 6.00 pm (also on weekends)
- 1x** 'A Tree for your booking' – for every hiking tour booked with us a tree is planted



Prices per person and arrangement in €:

	21.04. - 01.07.25 01.09. - 25.10.25	01.07. - 01.09.25
***Inns per person in double room with breakfast	865,00	910,00
Surcharge single room / per week	279,00	279,00
Extra charge half board / per week (min 2 course dinner)	240,00	240,00
Extra night in double room / breakfast	72,00	72,00
Extra night in a double room / breakfast in Hallstatt	82,00	82,00
Extra night surcharge half board	25,00	25,00
Extra night surcharge single room (except Hallstatt)	22,00	22,00
Extra night in Bad Ischl	On request	On request
Arrival	daily	daily

The local tax, also known as visitor's tax, is payable locally to the landlord; the amount depends on the resort and is between 1,00€ and 4,00€ per person per night. Children up to the age of 15 are usually exempt.

Discounts for children sharing parents' room (2 full-paying adults, maximum 2 children):

0 - 5 years: 100%

6 - 14 years: 30%

Information for arrivals by car:

Car parking is not always possible at specific locations, but on public parking lots (costs to be paid locally).

Dogs are welcome - on request. Extra charge on site. In Austria there is a general leash and muzzle obligation!

The standard terms and conditions of the Salzkammergut Touristik GmbH apply in the current version.

Rates and operating hours / timetables are subject to change

Our recommendations: Get a travel cancellation insurance.



Informations



For environmental reasons, we recommend arriving and departing by public transport (train/bus). We are happy to help you organise your train journey within Austria. Talk to us!

"A tree for your booking" - Cooperation project with Austrian Federal Forests

For every bike or hiking tour in the region booked with us, a tree is planted in the Weißenbach valley - near Bad Ischl. With this campaign we want to generate awareness for climate-friendly travel and take responsibility for a world worth living in.



The **UNESCO World Heritage List** currently lists 1,154 natural and cultural sites from 167 countries worldwide. The excellent cultural and natural monuments have an extraordinary universal value that must be preserved in the long term. Austria is represented with 10 World Heritage Sites.

The European Capital of Culture Bad Ischl Salzkammergut 2024 brought the diversity of historically rooted and contemporary art and culture to the forefront and raised it to an international level.



Level of difficulty

Daily stages with up to 900 metres of ascent - Ø 4-10 hours walking time - medium to difficult terrain: Trails with major obstacles.