



# Winter adventure week at the Traunsee Almtal Region

Landhotel Post at Ebensee

- ✓ **BOOKABLE 06.01. - 15.04.2025**
- ✓ **ARRIVAL DAILY POSSIBLE**
- ✓ **LET THE ADVENTURE BEGIN: SNOW SHOE HIKING IN WONDERFUL MOUNTAIN SCENERY, LLAMA HIKING, SALT MINES HALLSTATT, SPA ENTRANCE BAD ISCHL, ...**
- ✓ **WEEKLY TICKET FOR PUBLIC TRANSPORTATION (BUS AND TRAIN) BETWEEN GMUNDEN AND OBERTRAUN**
- ✓ **\*\*\*S LANDHOTEL POST EBENSEE - AWARDED WITH THE AUSTRIAN AND EU ECOLABEL**



© TV Traunsee Almtal - Monika Loeff



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The first fall of snow is not only an event, it is a magical event. You go to bed in one kind of a world and wake up in another quite different, and if this is not enchantment then where is it to be found?

**John B. Priestley (English writer and journalist)**

Snowshoeing and winter hiking is the quintessential winter nature experience for all those who love to get out into the fresh air in a white landscape away from the slopes and cross-country ski trails. With modern snowshoes that prevent you from sinking into the deep snow, you can enjoy the silence and seclusion as you trudge through the snow. Rustic huts with regional specialties await you as a reward. Far away from the crowds, experienced mountain hikers and hobby walkers alike can enjoy high alpine experiences that will delight everyone. Step by step, winter sports enthusiasts hike across the idyllic alpine winter landscape.

#### Recommended equipment for carefree snowshoe and winter hiking:

- 3 sets of underwear
- 2 to 3 layers of outerwear / warm, functional, waterproof and windproof
- Hat and gloves
- Sunglasses and/or ski goggles, sun cream
- Sturdy, waterproof winter boots
- Gaiters up to the knees are an advantage, prevent snow from penetrating the boot
- the rucksack should offer fastening options for the snowshoes



## Highlights

- + **SNOWSHOE HIKING ON THE FEUERKOGEL**
- + **HALLSTATT WITH THE FJORD-LIKE LAKE HALLSTATT AND A VISIT TO THE SALT MINES**
- + **PEACE AND ENJOYMENT AT LAKE TRAUNSEE**
- + **LLAMA HIKING - ENJOY THE LANDSCAPE WITH THE LLAMAS AT A LEISURELY PACE**
- + **CRAFTSMANSHIP OF THE SALZKAMMERGUT: VISIT OF THE HANDWERKSHAUS BAD GOISERN**
- + **CULINARY HIGHLIGHTS AT MOUNTAIN HUTS AND REGIONAL RESTAURANTS AND CAFÉS**

## The course of your tour

### Day 1: Individual arrival at the idyllic southern shore of Lake Traunsee to Ebensee

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Travel to Ebensee by car or public transport.

During the cold season, the local mountain, the Feuerkogel, shows its best side: the beautiful high plateau is home to one of the most diverse ski areas and winter hiking areas in Austria.

Depending on the time of arrival, the "Ebenseer Kripperlroas" (until the beginning of February) is well worth a visit. "Kripperlroas" is the name of the tour from crib to crib, when you move from house to house.

You can see 8 large landscape nativity scenes and cribs in private houses, the Catholic parish church and the nativity scene exhibition in the Ebensee Museum. The Nativity scene map will be available for you at the hotel. You will also receive all your travel documents at the hotel.

### Day 2: Feuerkogel - Snowshoeing on the high plateau

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Take the winter shuttle to the Feuerkogel valley station. From there, the Feuerkogel cable car takes you up the mountain. The silence of the high plateau and endless kilometers of untouched white splendor are in front of you. A total of 5 snowshoe trails and a "taster trail" are available for snowshoe hikers, with a total length of approx. 25 kilometers.



Enjoy an extended snowshoe tour in the glistening winter landscape with breathtaking views of Lake Traunsee and the Dachstein Glacier.

After the snowshoe tour, you will have well and truly earned a stop at one of the mountain inns and huts on the Feuerkogel (depending on opening times and rest days). A soup and a Kaiserschmarren pancake await you as a culinary highlight. Strengthened, you take the cable car back down to the valley and the shuttle back to the hotel.

### Day 3: Bad Ischl - Hike around the Jainzen and Salzkammergut thermal spa

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Take the train to Bad Ischl and you can store your bathing luggage with us, Salzkammergut Touristik.

Bad Ischl became a vacation destination of European standing in the middle of the 19th century when Emperor Franz Joseph began to spend his vacations in his summer residence in Ischl. Bad Ischl has been a spa town since 1906 - you can find leisure and relaxation in the spa gardens, the spacious thermal baths or by visiting the famous Café Zauner.

Start your exploration of the town with a circular walk around the Ischers' local mountain, the "Jainzen".

**Length: 6 km**

**Walking time: 1 h 45 min**

**Altitude difference in ascent and descent: 260m**

Take a break from sporting activities in the afternoon and visit the Eurotherme Bad Ischl (thermal spa). A place to immerse yourself ... in pure bathing pleasure. In the indoor brine pool and the exclusive brine whirlpool. The soothing power of salt and brine increase well-being and promote health.

The thermal spa is located right next to the train station. Return journey by train.

### Day 4: Llama hike with lunch at the Kreh and free time

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Travel by Traunstein Taxi from Hotel Post to Gasthof Kreh. The start of the Llama hike begins there. Together with the llamas we hike to the front Langbathsee (approx. 2 hours). Depending on the customer's wishes and physical condition, you can also walk around the front Langbathsee. Then back to the Gasthof Kreh.

The inn in the Kreh is a traditional establishment where a stop for lunch is planned.



Günter and Karin will spoil you with home cooking (value voucher - lunch can be freely selected from the menu). Return journey by Traunstein cab. The afternoon is at leisure.

## Day 5: Bad Goisern - Hiking on the Traunreiterweg, Hand.Werk.Haus, epicurer's highlight

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Travel by train to Bad Goisern Jodschwefelbad.

If you want to hike as close to the water as possible, we recommend the Traunreiterweg in Bad Goisern on Lake Hallstatt. The wide hiking and walking trail runs right next to the riverbed and is around **4 kilometers** long, leading from the center of Goisern to the northern border of Bad Goisern.

Where does the name Traunreiter come from?

The Traunreiter existed from the 16th to the 19th century. They were salt boatmen who transported the salt extracted in Hallstatt on the Traun to the salt works in Ebensee. On the way back, the ships were loaded with grain, wine and other provisions and were pulled back to Hallstatt by horses, hence the name.

After the hike from to the town center, you can visit the HAND.WERK.HAUS - a center for contemporary craft culture. The store and the various exhibitions are housed in a former forester's house. In the store you have the opportunity to purchase a wide variety of handicraft products from the World Heritage region.

Afterwards, enjoy a well-earned refreshment in the traditional Maislinger coffee house:

The Maislinger bakery combines Austrian coffee house tradition with delicious food from the in-house bakery or patisserie. Coffee specialties, homemade pastries, hot dishes and small snacks await you in this comfortably furnished café.

If you fancy a little adventure, we recommend a toboggan ride on the Trockentann toboggan run.

Back to train station Bad Goisern and return journey to Ebensee.

## Day 6: Gmunden with Gmundner ceramics and hike up to the lake Laudachsee at Grünberg

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Travel by public transport to Gmunden - the crowning pearl of Lake Traunsee:

As the center of the salt trade, the town had a strategically important position: right at the point where the Traun leaves the Traunsee and continues north. The prosperity of those times, when salt was shipped by



water, can be seen today in the magnificent facades.

The Salzkammergut Shuttle picks you up from the (bus) station and takes you to the starting point for the hike to Laudachsee.

**Laudachsee nature reserve:** The trail leads along a forest road to Laudachsee. The Laudachsee is the most popular excursion destination for hikers and mountaineers on the Grünberg. The mountain lake is located at an altitude of 894 meters on the way from Grünberg to Traunstein. Once you reach the lake, you can walk around it comfortably in around 40 minutes. The idyllic circular trail leads across meadows, paths and small bridges along the shores of the Laudachsees and is perfect for a relaxing walk.

After circling the Laudachsee lake, mountain fans of all ages can stop for refreshments at the Ramsaualm and enjoy the wonderful panorama of the Traunstein. Return either via the same route or via Radmoos.

Cab ride with the Salzkammergut Shuttle back to the center of Gmunden directly to the Gmundner Keramik Manufaktur. The guided tour of the manufactory is scheduled for 13:00.

The afternoon can be used for a walk through the center of Gmunden. Return journey by public transport from Gmunden to Ebensee.

## Day 7: UNESCO World Heritage Site Hallstatt with salt mines and eastern shore hiking trail

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Travel by train from Ebensee to Steeg-Gosau.

Here you start your hike on the Ostuferwanderweg along Lake Hallstatt - one of the most beautiful hiking trails in the Salzkammergut. The easy adventure hike offers wonderful views and also some special highlights, e.g. the suspension bridge to the Wehrgraben - the deepest point of the lake at approx. 125 m deep.

**Length: approx. 8 kilometers**

**Walking time: approx. 2 h - 2.30 h**

**Altitude difference in ascent and descent: 35 m**

You reach the Hallstatt train station - from there you take the ferry to the center of the World Heritage town of Hallstatt. After your individual round tour of the historic town, you begin your visit to the Hallstatt Salt Mine (**closed from 07.01. - 31.01.2025**) - the oldest mine in the world. Ascent with the Salzbergbahn, guided

tour of the mine, Skywalk and descent with the cable car.

Return ferry from Hallstatt and train from Hallstatt to Ebensee.

#### **ALTERNATIVE when the Salzwelten are closed:**

Dachstein Krippenstein Panorama Ticket from 1:00 pm

With the panorama ticket, winter hikers (snowshoe & winter boots) can take the Dachstein Krippenstein cable cars to the mountain summit and enjoy the enchanting winter landscape on a relaxed snow tour.  
(If the alternative comes into play, there are other departure and arrival details - info on booking)

### **Day 8: Individual departure or additional nights**

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If you have the opportunity to extend your stay, the repertoire of discoveries is far from exhausted.  
Additional nights can be booked.



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## ACCOMMODATION: \*\*\*S LANDHOTEL POST EBENSEE



### Location:

In the heart of the Salzkammergut, right on the southern shore of Lake Traunsee, lies the 3-star Landhotel Post in Ebensee. Here, against the breathtaking backdrop of the mountains and lakes, the perfect vacation experience awaits hotel guests.

Ebensee Landungsplatz train station is approx. 200m away. The indoor swimming pool is approx. 100m away, the Museum of Contemporary History approx. 250m and Lake Traunsee approx. 300m. The Feuerkogel cable car is approx. 1.3km away.

### Facilities:

At the Landhotel Post guests stay in 3-star comfort at an affordable price. Comfort is very important here.

The cozy rooms, suites and family apartments are furnished to a high standard and invite you to stay.

The varied cuisine deserves praise. The menu ranges from home-style cooking to dishes made from natural ingredients and hearty dishes, as well as regional and international specialties.

An elevator and plenty of parking spaces are available.

The hotel has been awarded the Austrian environmental seal and the EU Ecolabel. The hotel is also planning to expand the use of sustainable electricity through solar panels and the construction of a hydroelectric power plant.

### Wellness:

A wellness area with bio-sauna, infrared cabin and relaxation room is available.

### Rooms:

The rooms and suites have a WC and bath/shower, large LCD TV with digital HD, telephone, high-speed



WLAN and some have a balcony or terrace. Some of the rooms can also be booked with extra beds.



# Arrangement

- 7x** Overnight stay at the \*\*\*s Landhotel Post with breakfast buffet
- 1x** Voucher à 30,-- for dinner at the Landhotel Post (or similar)
- 1x** Weekly ticket for public transport (bus and train) between Gmunden and Obertraun
- 1x** Ride on the Traunsee winter shuttle (Feuerkogel valley station and return hotel at fixed times)
- 1x** Combi-ticket: Feuerkogel cable car + rental snowshoes (day 2)
- 1x** Soup and Kaiserschmarren on the Feuerkogel (Day 2)
- 1x** 4 h admission to the Eurotherme spa in Bad Ischl (day 3)
- 2x** Ride with the Traunstein Taxi - Hotel Post to Kreh (day 4)
- 1x** Llama hike to the Langbathsee (Day 4)
- 1x** Lunch at the Gasthof in der Kreh - value voucher 23,-- (day 4)
- 1x** entrance HAND.WERKS.HAUS Bad Goisern (Tag 5)
- 1x** Lunch or dinner at the Maislinger bakery - value voucher 23,-- (day 5)
- 1x** Salzkammergut Shuttle from Gmunden center to Franzl im Holz and back (day 6)
- 1x** Admission and guided tour of the Gmundner Keramik factory (day 6)
- 2x** Ferry from Hallstatt train station to Hallstatt market (day 7)
- 1x** Salzwelten Hallstatt combined ticket (day 7)
  - Admission and guided tour of the salt mine
  - Ascent and descent on the Salzbergbahn
  - Skywalk "World Heritage View" viewing platform
- OR
- 1 x** Panorama Ticket Dachstein Krippenstein from 13:00 (day 7)
  - all 3 sections ascent and descent
- 1x** Maps and other information material per room
- +** Daily service hotline from 8.00 - 18.00 (also at weekends)



## Prices per person and arrangement in €:

**06.01. – 15.04.2025**

Double room with breakfast	977,00
supplement for single room	78,00
supplement for single travellers	90,00
additional nights (before / after)	on request
Arrival	daily

The order of the program may change due to rest days.

Extras payable on site:

Local tax: approx. € 2.20 per person and night (from 16 years)

Check-in: from 14:30 - 18:00

Check-out: until 10:30 am

The standard terms and conditions of the Salzammergut Touristik GmbH apply in the current version.

Rates and operating hours / timetables are subject to change

Our recommendations: Get a travel cancellation insurance.

## Informations



For environmental reasons, we recommend arriving and departing by public transport (train/bus). We are happy to help you organise your train journey within Austria. Talk to us!



The **UNESCO World Heritage List** currently lists 1,154 natural and cultural sites from 167 countries worldwide. The excellent cultural and natural monuments have an extraordinary universal value that must be preserved in the long term. Austria is represented with 10 World Heritage Sites.



The European Capital of Culture Bad Ischl Salzkammergut 2024 brought the diversity of historically rooted and contemporary art and culture to the forefront and raised it to an international level.